

# SCMHCC COMMUNITY BASED SERVICES

Community Based  
Service providers work  
with  
children and their  
families to reduce the neg-  
ative effects of  
mental illness. Our goal is  
to assist families in im-  
proving their overall quali-  
ty of life.



## Crisis Case Management Services

Crisis Case Management Services (CCM) can be provided to clients in need of short term support to assist in alleviating symptoms, provide de-escalation and decrease risk of hospitalization. Our goal is for all clients to remain safely in their homes and communities.

CCM services are available during and after business hours.

Contact SCMHCC during business hours if you believe you or someone else is experiencing a crisis. After hours call the crisis line for immediate help. If you or someone else is in immediate danger call 911 or go to your nearest emergency room.

### What to expect from CCM supports

If you or someone you know is in crisis, a crisis case manager will contact you to schedule a time to provide the crisis support. CCM can be provided in the home, school, or community and the goal is to alleviate symptoms and decrease the risk of hospitalization.

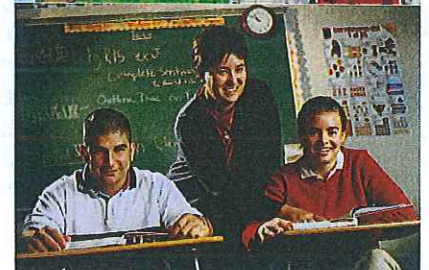
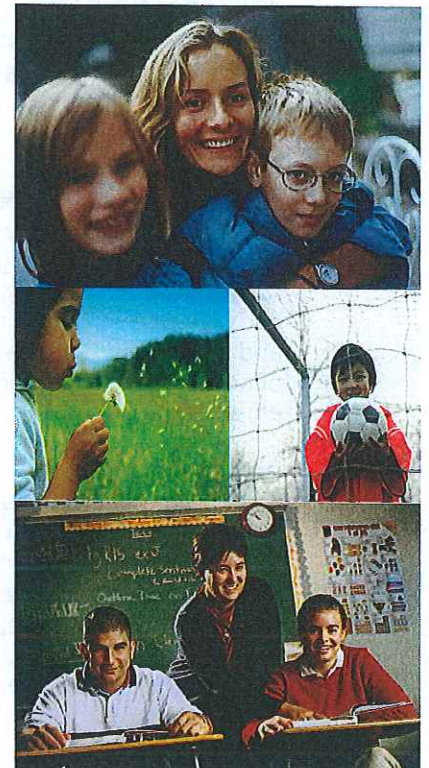
All crisis clients have to be assessed for continued need for CCM services every 72 hours. If crisis services are approved over the phone; a face to face appointment will need to be scheduled with a clinician within 24hours.

If you have any questions or concerns please call us.

Andover 316-733-5047  
Augusta 316-425-0073  
El Dorado 316-321-6036  
After Hours 1-855-773-6686



# COMMUNITY BASED SERVICES





## CBS SERVICES



Children and their families can benefit from a wide variety of services designed to fit their needs:

**EMPOWERING INDIVIDUALS, FAMILIES, AND COMMUNITIES.**

### **ATTENDANT CARE**

Provides supervision or support of daily tasks, activities, or routines.

### **PSYCHOSOCIAL REHABILITATION - INDIVIDUAL**

Assists consumer with compensating for/eliminating difficulties resulting from illness, development of daily living skills and routines and assistance with development of social and interpersonal and other learned skills.

### **PARENT SUPPORT**

Assists the family in developing and enhancing problem solving skills, coping mechanisms, and the development of strategies for symptom/behavior management. Works with the family to interpret choice, and to understand policies and procedures.

### **POSITIVE BEHAVIORAL SUPPORTS**

A program used to identify the functions of behavior leading to better interventions and improving the overall quality of life.

### **Respite**

Provides a temporary break for both parent and client in a safe calming environment to aide with symptom reduction

### **PSYCHOSOCIAL REHABILITATION GROUPS**

- Bullying Prevention
- Self Esteem
- Second Step
- ADHD
- Equestrian
- Relationships
- Social Skills
- Sportsmanship
- Study Skills
- Life Skills
- Summer Adventure Camps

### **SOCIAL STARS LEARNING CENTER**

Social Stars Preschool is a program designed for children ages 3 to 5 who are exhibiting signs of emotional or behavioral problems. Children learn to apply self-control and relaxation techniques, make connections with others, and resolve conflict peacefully.

### **TARGETED CASE MANAGEMENT**

Facilitates the treatment team planning process, makes collateral contacts with those involved in the consumer's care and helping with the specific consumer's needs, assists individuals in obtaining access to needed medical, social, educational, and other services, and coordinates services to assure an integrated, comprehensive plan.

### **COMMUNITY PSYCHIATRIC SUPPORT TREATMENT**

Helps in identifying symptoms of mental illness, develops strategies to minimize effects of mental illness, utilization of solution focused interventions and skills to problem-solve difficulties, utilization of resources, crisis management, and use of strengths-based tools.