

# **South Central Mental Health**

Helping to Shape Promising Futures

## MESSAGE FROM THE EXECUTIVE DIRECTOR

60 years ago, when a group of citizens worked together to create what would become South Central Mental Health, it was amid heightened worldwide anxiety. Soviet missiles had been installed in Cuba. The world was also experiencing intense anxiety in 2021 as the pandemic raged on. Just like that group of citizens 60 years ago, people saw the need and contributed record amounts of funding to support our mission. I am always humbled when I reflect on the number of people committed to supporting mental health. People see the need and have the optimism to believe that their contributions will have a positive impact. Legislators and organizations at both the national and state level, while never in agreement on the method, have always had the shared goal of moving mental health and the CMHC system in a positive direction. Likewise, our County Commissioners and other county and local administrators. We work in partnership with a wide array of local organizations that all contribute to making better lives for our citizens. Our Board of Directors donate their time cheerfully to support our organization. Our managers and administrators work tirelessly to expand and improve the services we provide while also making sure that our providers are given the support they need to provide exceptional care for our patients. Our providers are a special breed, choosing to work with the most complex and challenging cases in our field because they love their work. It has become a cliché, but it really is the people that make the difference.



# SERVICE HIGHLIGHTS

### Persons Provided Direct Care: 3,837

We had a 9% increase in persons served over the previous year, during the height of Covid. It returns us to the yearly growth rate we were experiencing prior to 2017. (Our numbers were relatively flat in 2018-2019 before a 6% dip during 2020). We believe that the lack of growth was attributed to the large increase of private practice providers. The spike in 2021 is attributed to the increase in demand for services as well as higher number of persons without health insurance to pay for care.

## Children receiving Direct Care Services: 1583

We had a 13% increase in children served from the previous year which continues a 6-year trend (excepting 2020). SCMH continues to increase the number of services that we provide in our public schools. In addition, we served 860 children with severe emotional disturbances, a 21% increase from the previous year. The need for these specialized services has risen by 187% in the past 6 years.

#### Adults with Severe Mental Illnesses Served: 400

The number of adults served with severe mental illnesses, such as schizophrenia, increased by 20% in the past year. There has been an 80% increase in the number of severe mentally ill served in the past 6 years. 20% of persons with a severe mental illness did not have insurance and were provided services free of charge.

### Individuals Served with Crisis Services: 245

This number continues to decrease each year as we are better able to engage persons in need of mental health care into our services earlier in their illness. Also, our access to medication and specialized services has continued to expand, thus reducing the need. Most persons receiving these services are diverted from hospitalization and other intrusive interventions.

\$3,234,551 worth of our services were given free of charge or at a greatly reduced fee!

# **FINANCIAL STATEMENTS\***

Revenue,	Gains 8	& Other	Support
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Service Revenue	\$8,851,181
State Contracts	\$ 486,959
Paycheck Protection Program	\$1,388,700
Federal Covid Relief Funding	\$ 357,913
Program Contracts	\$ 615,212
County Funding	\$ 120,000
Other Revenue	\$ 94,062
TOTAL REVENUE	\$11,914,027

## **Expenses**

Programs & Services	\$8,502,270
Administrative Support/Operations	\$1,395,594
TOTAL EXPENSES	\$9,897,864
Revenue over Expenses	\$2,016,163

\*Unaudited



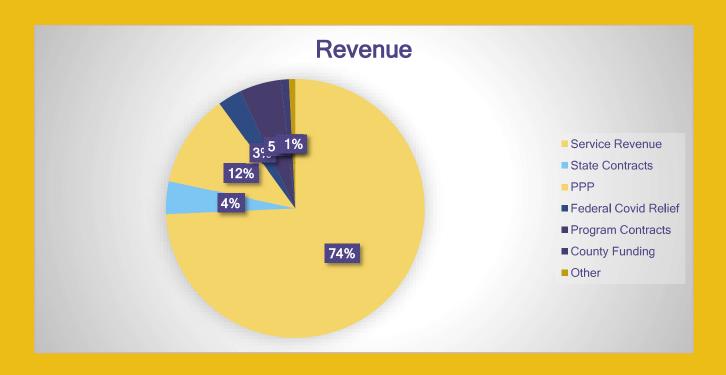
86% of our
expenses were
for direct services
to our patients

## FINANCIAL SUMMARY

Revenue exceeded expenses by just over \$2 million in 2021. This profit margin of almost 17% was due in large part to funding received from the Payroll Protection Program and Federal Covid Relief money that was designated to assist persons impacted by the pandemic. Still, our financial strength as an organization continues to be demonstrated by revenue generated from direct services (75%) and contracts for specific programming (10%).

73% of our service revenue came from Medicaid in 2021. This does produce a financial drag on the organization in that Medicaid rates have not increased in close to two decades. Meanwhile, salary demands, and other costs have continued to climb. We are always exploring ways to better diversify our revenue streams to reduce risk due to any significant changes to the Medicaid system.

SCMH had \$1,113,685 in Capital Expenditures. The bulk of these expenses were for building a new therapeutic pre-school in Andover and additional clinic space in El Dorado. The center does not have any debt. Long standing infrastructure needs, which were compounded by exceptional growth over the past 15 years have finally been fully addressed. We believe that we are on very solid financial ground moving into the future and well prepared to meet the growing needs of the communities we serve.



# **Incoming Director's Vision Statement**



It is with a great deal of gratitude that I accept the responsibilities of becoming the next Executive Director for South Central Mental Health (SCMH). For the past 60-years SCMH has stood for excellence in the field of behavioral health care and provided exceptional treatment to those residing in Butler County. I sincerely thank our exiting Executive Director, Dan Rice, for his service to our agency and for the outstanding

care that SCMH has provided to our community under his leadership.

As SCMH progresses it is my vision to continue providing the same exceptional care our community has come to expect and rely upon. The next step in SCMH's evolution of excellence will be to gain recognition as a Certified Community Behavioral Health Clinic (CCBHC). As a CCBHC, SCMH will be identified as a facility specifically designed to provide our community with an all-inclusive range of substance use and mental health disorder services, especially for individuals who have the most complex needs. These individuals include (but are not limited to):

- Children experiencing serious emotional disturbances
- Individuals struggling with chronic addiction
- Those with mild/moderate substance use
- Individuals who have complex health profiles
- Adults who struggle with severe mental illness
- Individuals who struggle with mild/moderate mental illness
- Insured and uninsured individuals
- Members of the armed services/veterans
- Low income or underserved individuals/families

Although we live in unpredictable times the one thing that remains a constant is SCMH's dedication to provide exceptional care that result in a meaningful difference in the lives of individuals and families of Butler County.

Sincerely,

Michael T. Countryman MS LCPC LCAC Executive Director

## **ABOUT US**

Our mission is to provide quality mental health services that empower individuals, families, and communities of Butler County to shape promising futures. We strive to provide exceptional care that will result in a meaningful difference in people's lives. We are a not-for-profit organization that believes everyone should receive this high-quality care, regardless of their ability to pay for our services.

### LEADERSHIP TEAM

Dan Rice, Executive Director
Michael Countryman, Incoming Executive Director
Amanda Tunnell, Financial Director
Trever Krehbiel, Medical Director
Iris Pauly, Clinical Director
Trisha Wile, Operations Director
Ammie Mboule, Adult Community Support Services Director
Tim Hein, Child Community Based Services Director
Amber Snavely, Human Resources Director
Jenna Tunnell, Business Office Director

## **BOARD OF DIRECTORS**

Darrell Whitney, President
Charles Hart, Vice-President
Cathy Johnson, Treasurer
Don Roberson
Amanda Danninger
Dr. John Black
Lori Schmidt
Carmen Hamlett

#### **ADMINISTRATIVE OFFICES:**

520 E. AUGUSTA AVE., AUGUSTA, KS. 67010

PHONE: 316-775-5491

#### **OUR CLINICS**

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