

SCMHCC COMMUNITY SUPPORT SERVICES

Community Support Services strives to provide the highest quality services to consumers through a strengths-based and recovery focused model.



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COMMUNITY SUPPORT SERVICES



CSS SERVICES



**WORKING
TOWARD
RECOVERY**

There are several services that Community Support provides for individuals who meet the SPMI criteria or psychosocial rehabilitative eligibility:

ATTENDANT CARE

Provides supervision or support of daily tasks, activities, or routines.

PEER SUPPORT

Helps consumer to develop a network for information and support from others that have been through similar experiences, assists consumers with regaining the ability to make independent choices and take a proactive role in their treatment, and assists the consumer with identifying and effectively responding to triggers that may cause difficulty in day to day life.

PSYCHOSOCIAL REHABILITATION - INDIVIDUAL

Assists consumer with compensating for/eliminating difficulties resulting from illness, development of daily living skills and routines and assistance with development of social and interpersonal and other learned skills.

PSYCHOSOCIAL REHABILITATION GROUP

El Dorado - PREP (Personal Recovery Education Program) is for those that have a mental illness and are using substances to help identify changed they want to make in their life.

Women's Group—topics important to women and finding hope.

Cooking Group—learning how to prepare healthy, easy snacks and meals.

Augusta—

Women's Group—topics important to women and finding hope.

Men's Group—topics important to men and finding hope.

Group Discovery—to understand the process of discovery and how it relates to employment. Learning how to gain employment and job skills.

Recovery Group—identifying steps of Recovery. WRAP/Pathways

Exercise Group—identifying healthy living strategies. Exercise.

TARGETED CASE MANAGEMENT

Facilitates the treatment team planning process, makes collateral contacts with those involved in the consumer's care and helping with the specific consumer's needs, assists individuals in obtaining access to needed medical, social, educational, and other services, and coordinates services to assure an integrated, comprehensive plan.

COMMUNITY PSYCHIATRIC SUPPORT TREATMENT

Helps in identifying negative symptoms of mental illness, develops strategies to minimize effects of mental illness, utilization of solution focused interventions and skills to problem-solve difficulties, utilization of resources, crisis management, and use of strengths-based tools.

SUPPORTED EMPLOYMENT

Assists consumer in finding a job that fits the consumer's needs and interests and supports consumer following the job start.